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## BOOK REVIEWS

IN CHARGE OF  
GRACE H. CAMERON, R.N.

**FOOD FOR THE SICK AND WELL.** How to Select It and How to Cook It.  
By Margaret J. Thompson, R.N. World Book Company, Yonkers-on-Hudson, New York. Price, \$1.00.

Miss Thompson has given to the public a small number of simple recipes gathered through years of nursing experience. The recipes are practical in that they are plain directions for plain cooking of commonly used foods. Very little seasoning is advocated and no fats are used except butter and cream. Minnie D. Wilbur has written a metrical foreword and Doctor Morgan has written a brief introduction. The last few pages are given up to meager directions for common nursing treatments.

**TEACHING THE SICK.** A Manual of Occupational Therapy and Re-education. By George Edward Barton, A.I.A. W. B. Saunders Company, Philadelphia and London. Price, \$1.50.

Dr. Barton gives in his preface the reason for this book: "Because the Great War has so rapidly increased the number of dependents and decreased the number of producers, interest in the subjects of Occupational Therapy and Re-education has developed so rapidly that it is impossible to keep pace with the new ideas, methods, and developments contained in those subjects. The purpose of this book is to give a clear, concise, and truthful account of what has been actually accomplished in this work. The needs of war, though great, have not exceeded the needs of peace. The Federal Commission on Industrial Relations gives the number of industrial accidents as 735,000 annually." The book is small; yet tells in an interesting way the methods employed, first to interest the patient and then to teach him, at Consolation House, Clifton Springs, N. Y.

**PRACTICAL PHYSICS FOR NURSES.** By Minnie Goodnow, R.N. With 100 illustrations. W. B. Saunders Company, Philadelphia and London. Price, \$1.75.

This is the first book on Physics written especially for nurses. Both Physics and Chemistry are of great importance to a nurse because they are sciences of every day living. A nurse may know a great deal of the scientific and detailed care of a patient and yet have the vaguest ideas of the workings of ordinary household apparatus; to say nothing of the laws of Physics which control the whole human anatomy. Dr. John C. Draper says: "There is not a tissue, organ,